**Aboriginals (stats from 2016)**

<https://healthinfonet.ecu.edu.au/healthinfonet/getContent.php?linkid=643680&title=Summary+of+Aboriginal+and+Torres+Strait+Islander+health+status+2019&contentid=40279_1>

* Nearly half of Aboriginal mothers smoke during pregnancy.
* Median age of Aboriginal mothers is 26.
* 11% of Aboriginal mothers are teenagers.
* 13% of Aboriginal babies are of LBW.
* Leading causes of death are Ischaemic heart disease, diabetes, chronic lower respiratory disease and lung (and related) cancer.
* Median age at death was 60.2 years (78.9 for non-Indigenous).
* Life expectancy of Indigenous Australians is around 10 years less than non-Indigenous.
* More likely to be hospitalised.
* Nearly half of Indigenous Australians were daily smokers.

Compared with non-Indigenous Australians:

* Less likely to complete Year 12.
* Less likely to go to university.

**Elderly (stats from 2017)**

<https://www.aihw.gov.au/reports/older-people/older-australia-at-a-glance/contents/summary>

* 1/8 older Australians are employed.
* 3/4 older Australians own their own home.
* 1/5 older Australians volunteered their time within the last year.
* 3/4 older Australians had participated in one or more recreational activities away from home in the past year.
* 9/10 older Australians believe they have someone outside the household in whom they can confide.
* 9/10 older Australians reported that they had support available in a time of crisis from someone outside their household.
* 1/8 older Australians were engaged in employment, education or training.
* 2/5 older Australians reported being sufficiently active during the preceding week.
* 7/10 older Australians were overweight or obese.
* 7/10 Australians aged 65+ considered they had good, very good or excellent health.
* 1/5 Australians aged 65+ experienced disability in the form of a severe or profound core activity limitation.
* 13% of all deaths of Australians aged 65+ were caused by coronary heart disease.

Compared to Australians aged 64 and below:

* Older people (aged 65+) are more likely to be overweight or obese than those aged 64 and below.
* Older people (aged 65+) are less likely to experience stress than those aged 64 and below.
* Majority of older people (aged 65+) are insufficiently active or are inactive.
* 20-30% of people aged 65+ had low levels of HDL (good) cholesterol and high levels of LDL (bad) cholesterol.

**Rural or remote Australians (stats from 2017)**

<https://www.aihw.gov.au/reports/rural-remote-australians/rural-remote-health/contents/summary>

Compared to Australians living in major cities:

* Less likely to complete Year 12.
* Less likely to complete a bachelor degree or higher.
* Generally lower incomes.
* More likely to be overweight or obese.
* Higher rates of daily smoking.
* Less likely to eat the recommended number of serves of fruit per day.
* 25% of people living in rural or remote areas have high blood pressure.
* More likely to have experienced partner violence.
* 24x more likely to be hospitalised for domestic violence.